


APRIL/MAY 2011

CST

24	25 Spring Training begins Summer registration 3:30-5 pm	26 Personalized cap orders due this week!	27	25 Summer registration 3:30-5 pm	29	30 TRYOUTS 10 am
----	--	--	----	---	----	-------------------------

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7 TRYOUTS 10 am
8	9 FIRST PLACE ATHLETICS to be at CWAC with new suits, goggles, etc during practice	10	11 New parent ORIENTATION	12	13	14
15	16	17	18	19	20 JUMP START CLINIC	21 JUMP START CLINIC
22	23	24	25	26	27	28
29	30 Memorial Day NO practice!	31 Black and Gold Intersquad meet Warmup 4:30				

JUNE 2011

CST

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		May 31 Black and Gold Intersquad meet 4:30-7	1	2	3 Last Day of Spring Training	4
5	6 First day of A.M. practice/ FIRST PLACE with suits and gear 8-10	7 Madison at CST (District) Warmup: 4:30	8	9 At Oneonta (TVC) Warmup: 5	10 Deadline for MMM entries	11
12	13	14 Sheffield at CST (TVC) Warmup: 4:30	15	16 Open date!	17	18 Madison Medal Meet
19	20	21 Scottsboro at CST (District) Warmup: 4:30	22	23 At Jasper (TVC) Warmup: 5	24	25
26	27 DON'T BE LATE! AGE GROUP and TEAM PHOTOS are FIRST! —>>>	28 TEAM PICTURES! -no practice. Age groups begin at 8, then team shot, then individual shots! TVC Championship at CST (no exhibition swims) Warmup: 4:30	29 Deadline to sign up for District	30 At Guntersville (District) Warmup: 5		



JULY 2011

CST

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 NO PRACTICE 	5 Arab and River City at CST (District)	6	7 At Albertville (District) Warmup: 5	8	9
10	11	12 Open date!	13	14 District II Diving (at Madison)	15 District II at Guntersville IM/Breast/Short Free/Medley Relay	16 District II at Guntersville Fly /Back/Long Free/Free Relay
17	18 *****Practice for State Qualifiers 8 am>>>>>>>>>>	19 CST Family Pool Party 6-9 pm	20	21	22	23
24	25	26	27	28 State Championship Diving 9 a.m. warm-ups at CWAC	29 State Championship at CWAC (same format as District)	30 State Championship at CWAC
						