

Saturday Warm-up Schedule

-468 SWIMMERS-

WARMUP 1

| 7:45-8:05 | | 8:05-8:15 |
|-----------|-------|---|
| OUTDOOR | LANES | OUTDOOR LANES 1-8 FOR STARTS AND SPRINTS |
| CST (24) | 1-8 | |
| INDOOR | LANES | |
| | | |

WARMUP 2

| 8:15-8:35 | | 8:35-8:45 |
|------------------------------|----------|---|
| OUTDOOR | LANES | OUTDOOR LANES 4-8 FOR STARTS AND SPRINTS |
| NASA (45) | 1-4 | |
| JST(33) WIRE/ANNISTON (8) | 5-7 8 | |
| INDOOR | LANES | OUTDOOR LANES 1-3 FOR STARTS AND SPRINTS |
| SSA (32) | 1-3 | |
| DDST(35) | 4-6 | |

WARMUP 3

| 8:45-9:05 | | 9:05-9:15 |
|----------------|-------|---|
| OUTDOOR | LANES | OUTDOOR LANES 4-8 FOR STARTS AND SPRINTS |
| ATHENS (19) | 1-2 | |
| VAST/ANDA (21) | 3-4 | |
| BPR (24) | 5-6 | |
| GST/ARAB (23) | 7-8 | |
| INDOOR | LANES | OUTDOOR LANES 1-3 FOR STARTS AND SPRINTS |
| MDST (55) | 1-5 | |
| EUFPST (9) | 6 | |

WARMUP 4

| 9:15-9:35 | | 9:35-9:45 |
|-------------------|-------|---|
| OUTDOOR | LANES | OUTDOOR LANES 4-8 FOR STARTS AND SPRINTS |
| BOAZ (13) | 1 | |
| ALB (10) | 2 | |
| TALL/TROY (20) | 3-4 | |
| OPELIKA/SYL (19) | 5-6 | |
| CENTRE (9) | 7 | |
| ONEONTA/RCAC (12) | 8 | |
| INDOOR | LANES | OUTDOOR LANES 1-3 FOR STARTS AND SPRINTS |
| PSL (36) | 1-4 | |
| JVILLE (20) | 5-6 | |

